

Nau Mai! Haere Mai!

Unitec Orientation



Programmes	NZ Diploma of Sport, Exercise and Recreation NZ Certificate in Exercise (Level 5)
School	Community Studies
Date	Semester 1: Monday 23 & Tues 24 February 2026

Monday 23 February

Time	Activity	Location
8:30 - 8:40	New Students arrive Anna & Rob	Outside front of building 111
8:40 - 9:30	Intro to Unitec Rob/Anna/John	182-1001
9:45 - 12:30	SPOR5107 Intro to Exercise John	182-1001

Tuesday 24 February

Time	Activity	Location
8:40 - 10:00	Staff intros / whakawhangatanga (L4 & L5) All staff	182-1003
10:00 - 10:30	Morning tea (provided)	182-1003
10:30 - 11:30	SPOR5101 Coaching in Action Andy	182-1003
11:40 - 12:40	SPOR5104 Concepts of Sport and Exercise Science Rob	182-1003
12:40	Meet at Marae Entrance	Te Noho Kotahitanga Marae
1:00 - 2:00	Pōwhiri & Hakari (Refreshments) All staff	Building 178/177

Normal timetable resumes



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