

Nau Mai ! Haere Mai !

Unitec Orientation



Programmes	NZ Diploma of Sport, Exercise and Recreation NZ Certificate in Exercise (Level 5)
School	Community Studies
Date	Semester 1: Monday 23 & Tues 24 February 2026

Monday 23 February		
Time	Activity	Location
8:20 - 8:30	Students arrive	Outside front of building 111
8:30 - 10:00	Staff intros, campus tour, IT	tbc
10:00 - 10:30	Morning tea (provided)	tbc
10:30 - 11:30	SPOR5107 Intro to Exercise	tbc
11:30 - 12:30	SPOR5101 Coaching in Action	tbc

Tuesday 24 February		
Time	Activity	Location
8:30 - 10:30	SPOR5105 Event Leadership	tbc
10:45 - 12:45	SPOR5109 Professional Practice	tbc
12:45	Meet at Marae Entrance	Te Noho Kotahitanga Marae
1:00 - 2:00	Pōwhiri & Hakari (Refreshments)	Building 178/177

Normal timetable resumes



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