

Men's Health Trusts current projects

Remodel and relaunch of the Workplace Health Program

<http://menshealthnz.org.nz/health-talk/>

- The new program will be an interactive, online platform, with the option of workplaces having a presenter. It's designed to get men in the workplace to take a more proactive approach to their health and wellbeing, addressing a lot of men's health issues that don't get talked about enough
- There is the opportunity for scholarship recipients to get involved as a presenter of the program, or helping through going along and taking blood pressure, telling their own health stories etc. (past recipients have done this). We are also currently looking for men who have compelling health stories that they would be happy to share publicly (on video), for the platform itself. These can be to do with physical or mental health, the more emotive (and even hard-hitting) the better

CheckMates PI

- a newly funded program targeting the health and wellbeing of **Pacific Island men** (more details available soon).

<http://menshealthnz.org.nz/spread-the-word/>

<http://menshealthnz.org.nz/resources/>

<http://menshealthnz.org.nz/about-the-trust/>

<http://menshealthnz.org.nz/contact-us/>