

Nau Mai ! Haere Mai !

Unitec Orientation



Programmes	NZ Diploma of Sport, Exercise and Recreation NZ Certificate in Exercise (Level 5) NZ Certificate in Sport and Recreation (Community Development) NZ Certificate in Sport Coaching
School	Community Studies
Date	Monday 24 February - Friday 28 February 2025

Monday 24 February

Time	Activity	Location
8:50 - 9:00	Students arrive	Outside front of building 111
9:00 - 10:00	Staff intros and morning tea (provided)	182-1002
10:15 - 11:15	ABL and Campus Adventure	182-1002
11:30 - 12:00	SPOR5107 Intro to Exercise	182-1002
12:00 - 12:30	SPOR Coaching in Action	182-1002

Tuesday 25 February

Time	Activity	Location
9:00 - 10:15	SPOR5105 Event Leadership	182-1002
10:30 - 11:30	Course confirmation, IT, Moodle	182-1001 (tbc)
11:45 - 12:45	SPOR5109 Professional Practice	182-1001
12:45	Meet at Marae Entrance	Te Noho Kotahitanga Marae
1:00	Pōwhiri	Building 178
1:30	Hakari (Refreshments)	Building 177
1:50	Campus Tour	

Wednesday 26 February

Time	Activity	Location
9:00 - 10:15	SPOR 5104 Concepts of Sport and Exercise Science	1120-4009
10:30 - 11:30	SPOR5109 Professional Practice	112-4009
11:45 - 12:15	Learning Advisor/Access for Success Info	112-4009
12:15 - 1:00	Waka Workshop tbc	tbc

Thursday 27 February

Time	Activity	Location
9:00 - 10:00	Q&A for new students	182-1001
10:15 - 11:15	SPOR 5101 Coaching in Action	182-1001
11:30 - 12:30	SPOR 5107 Introduction to Exercise	182-1001
12:30 - 1:30	Social sport - weather permitting	tbc

Friday 28 February

Time	Activity	Location
9:00 - 10:15	SPOR 5104 Concepts of Sport and Exercise Science	112-4009
10:15 - 10:45	Shared morning tea (BYO)	112-4009 / outside
10:45 - 12:00	SPOR 5105 Event Leadership	112-4009
12:00 - 1:00	Social Sport - weather permitting	tbc

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