# 2018 Volunteer Expo

Join us and explore volunteer opportunities from organisations across Auckland and wider New Zealand

Come and explore opportunities from various organisations. Volunteering helps you learn new skills, give back to the community and build networks. It looks great on your CV too!

Wednesday 29 August
11am - 2pm
Level 1, Building 180 (Te Puna)
Mt Albert Campus

Look out for mini presentations running throughout the event.

# **COME ALONG TO EXPLORE!**

Freephone 0800 10 75 10 | unitec.ac.nz/events



# **Organisations**



#### Auckland Tourism, Events and Economic Development (ATEED)

#### www.aucklandnz.com/events

Team AKL is the volunteer group for major events run by Auckland Tourism, Events and Economic Development (ATEED). Becoming part of Team AKL gives you a chance to be at the heart of what's going on in Auckland – meet new people, be at the centre of action at these great events, and help make Auckland a great place to live, work, study and visit. If you're enthusiastic and passionate about exciting events and everything Auckland, we would like to hear from you.



Conservation Volunteers

#### **Breast Cancer Foundation NZ**

#### www.breastcancerfoundation.org.nz

Fundraising events to raise awareness (Pink Ribbon Street Appeal, Pink Star Walk), event planning, coordination, social media, administration support

#### **Conservation Volunteers New Zealand**

#### www.conservationvolunteers.co.nz

Projects in the NZ outdoors including habitat conservation, litter clean ups, tree planting and track construction and maintenance.

# **EcoMatters**

#### **EcoMatters Environment Trust**

#### www.ecomatters.org.nz

EcoMatters supports the community with knowledge and tools to restore nature, reduce waste and live more sustainably. Volunteering opportunities include weeding, planting, native plant nursery work, organic gardening, support at events and much more!

#### **Forest and Bird Waitakere**

## www.forestandbird.org.nz/branches/waitakere or www.arkinthepark.org.nz

Forest and Bird is the largest independent conservation organisation in New Zealand. We advocate for nature and through branches work actively to restore and enhance our biodiversity. In Auckland the largest project is "Ark in the Park", Volunteers help with predator control, weeding, planting, advocacy, monitoring, sausage sizzle, fundraising and much more! Endangered birds like kokako, pateke, whitehead and robins have been re-introduced because of the hard work of all involved. Come and join us!

# **Girl Guiding NZ**

# www.girlguidingnz.org.nz

Girl Guiding New Zealand enables girls and young women to develop their full potential and make a difference in the world. Volunteering with us is an opportunity to be a role model for girls and young women teaching them valuable teamwork, leadership and life skills. Roles include: Volunteer Leader Activities, Leader (Weekends)



#### **Hospice West Auckland**

#### www.hwa.org.nz

Hospice West Auckland provides palliative (end of life) care to patients and their families. We are a recognised charity of 30 years and pride ourselves in taking care of those in need.



#### **IHC Volunteering**

#### www.ihc.org.nz/volunteer

Take a moment to connect with someone with an intellectual disability, and make a positive change in someone's life and a new friend in the process.

#### Museum of Transport & Technology (MOTAT)

#### www.motat.org.nz

Engineering, maintenance of museum artefacts, conducting tours, conservation, restoration, internal communications, exhibition hosting, research.





#### Oxfam New Zealand

#### www.oxfam.org.nz

Volunteering opportunities involving education, administration, international development, fundraising, event or programme management, advocacy, media & marketing. Certain internships available.



#### RainbowYouth

#### www.ry.org.nz

RainbowYOUTH is a charitable organisation dedicated to helping young queer and gender diverse (LGBTIQ) people 13 - 27, as well as their wider communities. Our services include: Information, Advocacy, Drop-in centre, Peer Support groups, Support, Consultation, Training & youth development. At Rainbow YOUTH, we're about fostering a safe, inclusive, accepting and diverse family environment. Our motto is *Know Who You Are, Be Who You Are.* Volunteer opportunities include: Drop-in center intern, peer group facilitator, event volunteer and more!



#### **Scouts NZ**

#### www.scouts.org.nz

We are New Zealand's biggest mixed youth organisation. We change lives by offering 5 to 26-year-olds fun and challenging activities, unique experiences, everyday adventure and the chance to help others so that we make a positive impact in our communities. Adult volunteers are at the heart of Scouting, and we know that you will get every bit as much out of it as you put in.



### **SPCA New Zealand**

#### www.spcaauckland.org.nz

SPCA is the voice for neglected, abandoned or abused animals of New Zealand. With 42 Centres nationwide, we are the country's biggest animal charity. Volunteer opportunities at the SPCA Auckland include roles working with canines, felines, small animals and farm animals, along with administration and customer service roles.

# **Special Olympics New Zealand**

# www.specialolympics.org.nz

Opportunities, to enhance the lives of people who have an intellectual impairment, through coaching in a range of sports, team management, IT, and club administration. You will be inspired!





#### St John Youth Northern Region

## www.youth.stjohn.org.nz

More than the Ambulance, join St John Youth as a leader and mentor young people through leadership development and life skills. Training provided.



#### **YMCA of Auckland**

#### www.ymcaauckland.org.nz

Volunteering opportunities in school holiday programmes and recreation programmes at sites across Auckland.

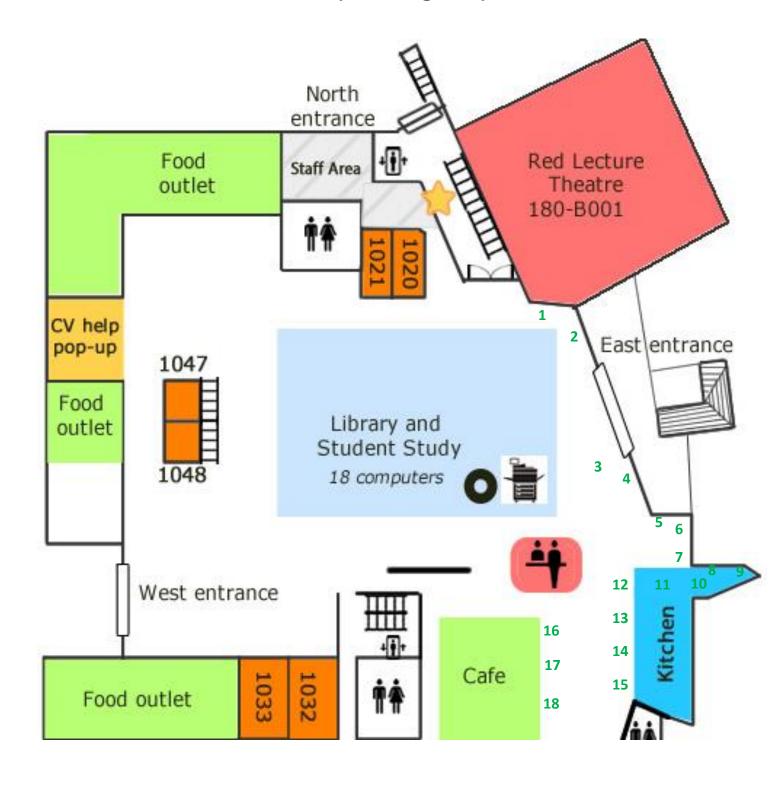
#### **Volunteering Auckland**

## www.volunteeringauckland.org.nz

Recruitment Agency with a wide range of volunteer roles available from over 300 community organizations across Auckland.



# Te Puna (Building 180)



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# Other Organisations (not attending)

Go to their website and search "volunteer" or "get involved"

Age Concern www.ageconcern.org.nz

Amnesty International www.amnesty.org.nz

Auckland City Mission www.aucklandcitymission.org.nz

Auckland Regional Migrant Services (ARMS)

www.arms-mrc.org.nz

Auckland Zoo www.aucklandzoo.co.nz

Big Buddy www.bigbuddy.org.nz

 $Brothers\ in\ Arms\ \underline{www.brothersinarms.org.nz}$ 

Budgeting Service <u>www.familybudgeting.org.nz</u>

Cancer Society www.cancernz.org.nz

Canteen www.canteen.org.nz

Citizen's Advice Bureau www.cab.org.nz

Civil Defence www.aucklandcivildefence.org.nz

DOC www.doc.govt.nz

Diabetes NZ www.diabetes.org.nz

Engineers Without Borders www.ewb.org.nz

English Language Partners englishlanguage.org.nz

Friends of the Whau www.whauriver.org.nz

Friends of Oakley Creek <u>www.oakleycreek.org.nz</u>

Greenpeace www.greenpeace.org

GROW www.grow.org.nz

Habitat for Humanity www.habitat.org.nz

Heart Foundation NZ www.heartfoundation.org.nz

Hospice www.hospice.org.nz

IHC www.ihc.org.nz

Lifeline www.lifeline.org.nz

Lonely Miaow Association www.lonelymiaow.co.nz

Love Volunteers www.lovevolunteers.org

NZ Fire Service www.fire.org.nz

Projects Abroad <u>www.projects-abroad.org</u> Refugee Services <u>www.refugeeservices.org</u>

Red Cross www.redcross.org.nz

Riding for the Disabled <a href="https://www.rda.org.nz">www.rda.org.nz</a>
Ronald McDonald House <a href="https://www.rmhc.org.nz">www.rmhc.org.nz</a>

Rotary www.rotary.org

Salvation Army <u>www.salvationarmy.org.nz</u>

Starjam www.starjam.org

Trade Aid www.tradeaid.org.nz

Victim Support www.victimsupport.org.nz

Maritime Museum www.maritimemuseum.co.nz

VSA www.vsa.org.nz

Work Away <u>www.workaway.info</u>

Youthline <u>www.youthline.co.nz</u>

Youthtown www.youthtown.org.nz

# **Helpful Guide to Meeting People**

- Shake hands as you introduce yourself
- Smile :0)
- Look interested
- Ask questions such as:
  - Can you tell me more about what your organisation does?
  - What kind of volunteering opportunities do you offer?
  - What do I need to do to become a volunteer?
  - What kinds of skills and qualities are needed?
  - What do you like about your organisation?
  - What are the most challenging parts?
  - How did you get into this field?
- Write down your contact details if you're interested
- Thank them for their time
- Follow up if you said you would
- Relax and have fun!

# **Unitec Career Development Services**

## Who are we?



# What do we do?

We help students and graduates to make good career decisions and gain employment.

# How do we do that?

# One on one appointments

- Career planning
- Course pathway advice
- CV and Covering Letter assistance CV Booth
- Job search strategies
- · Interview preparation

# **Workshops**

In-Class and Career Series workshops that help students prepare for their careers and employment. See Careers website for details <a href="https://careers.unitec.ac.nz/workshops/">https://careers.unitec.ac.nz/workshops/</a>

# Where do we do it?

- Mt Albert, Te Puna (Building 180), Level 2
- Waitakere, Library on a Thursday
- CV Booth
  - Mt Albert (by the Sushi shop, Level 1) 11am 1pm, Monday Friday
  - Waitakere (the Library) 12pm 2pm Thursday

# How to make an appointment?

- Go to the Ask Me Desk
- Phone 0800 10 75 10
- Email career@unitec.ac.nz