Career and Employability Essentials



SMART Goals Planning

Use this framework to create the SMART Goals needed to achieve your Career Action Plan. Remember SMART Goals should be Specific (well defined and clear), Measureable (with criteria to measure your progress), Achievable (attainable), Relevant (to your values, talents, end goal) and Timely (with a clear completion date, this helps create urgency).

THE GOAL	
Why am I developing this plan? This doesn't need to be detailed but should be a statement that helps you keep your "eye on the prize". It may be that you are wanting to decide what to study, creating a plan to get your first graduate role or deciding which industries and roles appeal the most	
SMART GOALS	
My SMART Goals Short, medium and long term	 Questions to ask yourself to help create your goals:- Why do I want to achieve this goal? What do I want to accomplish? Who do I need to help me? Where is this goal to be carried out? When do I want to achieve this goal?
1.	2.
3.	4.
5.	6.

The Career and Employability team is available to help with your career decision making and planning. To make an appointment, click here

