



KNOW YOURSELF

Add the information you have uncovered from 'Know Yourself' activities

EXPLORE

Add the jobs you are interested in and want to deep dive

DECIDE

Factors to consider when deep diving:
Whanau? Time? Money?

RANK

Rank each job from 1 - 5
(1 being low and 5 being high)

Top Values		Preferred Work Contexts		Jobs I'm Interested in	Factors to consider	Rank
Other things I know about myself		Skills I enjoy using				
		And I am good at	And need to develop			

SWOT Analysis

Internal		External	
Strengths	Weaknesses	Opportunities	Threats



ACT

Next Steps

